

# The Beacon



## Great News for Trinidad!



The Mt. Carmel Primary Care Clinic is proud to announce their partnership with Salud Family Health Centers (Salud). The partnership will result in Salud assuming the operations of the Mt. Carmel Primary Care Clinic in January 2018. The partnership will strengthen and expand access to quality, patient-centered health care.

Salud is a non-profit, Federally Qualified Health Center and operates 12 clinics and a mobile medical unit that provides health care services to over 76,600 patients. Salud currently serves Northern Colorado and will be expanding their service delivery to Trinidad and Las Animas County by providing an integrated care model which includes medical, behavioral health, care management, health education, dental and pharmacy services. This plan includes adding dental and overnight pharmacy services in the near future.

The plan also includes the opening of the new Convenient Medical Care Center downtown in the historic Trinidad National Bank Building off Commercial and Church Street. According to Karl Gabrielson, General Manager of Trinidad Downtown Development Group, the 30,000 square foot bank building is undergoing a complete exterior historic renovation and interior remodeling. 5,000 square feet of the building will house the clinic and is being customized for medical use. The clinic will feature well-planned treatment space and state of the art equipment.

John Santistevan, the President and CEO of Salud, has been with the organization for 21 years. John was born and raised in Trinidad. He attended Trinidad High School and graduated from the University of Northern Colorado. John stated, "After being away from Trinidad for 32 years, I am excited to come back and give back to this great community." John's Parents, Ruby and John, and his sister, Yvette, live in Trinidad.

John further stated, "Salud is very excited and looks forward to continuing to build on the health care foundation that the Mt. Carmel Medical Clinic has established. This will be a great partnership that will enhance the access to quality health care services for the community of Trinidad." Felix Lopez, Chief Operating Officer for Mt. Carmel Health, Wellness and Community Center, said "Mt. Carmel welcomes Salud Family Health Centers and looks to them to continue to provide first class health care to the citizens of Trinidad, Las Animas County and Southern Colorado."

Salud's Mission is *to provide a quality, integrated health care home to the communities we serve*. Since 1970, Salud has been firmly committed to providing care to all community

## The Mt. Carmel Team

### Board of Trustees

**Jay Cimino**

Founder & Chairman of  
the Board

**Gina Cimino**

Vice-Chair

Greg Garcia

Dave Palenchar

Lou Simpleman

### Board of Managers

Cy Michaels, Chairman

Ed Griego  
Vice-chair

Angela Ann Cesario, Non-  
member - Secretary

Gary Brunette, Non-member -  
Treasurer

Linda Barron

Tony Hass

Linda Perry

## Trinidad Team

### **Felix M. Lopez**

Chief Operating Officer

### **Marggie Ferrendelli**

Administrative  
Assistant/Event Coordinator

### **Steve Vigil, Jr.**

Facilities

### **Marty Hackett**

Food, Beverage & Catering  
Manager

### **Ben Gates**

Chef

### **Jonavan Romero**

Custodian

## Health and Wellness

### **Danielle Kolakowski**

MA, LPC, CACIII  
Health & Wellness  
Clinic Administrator

### **Dr. David Paz**

M.D., Internal Medicine

### **Charla Chenoweth- Swift**

LCSW

### **Michael Fyffe**

OTR/L, CLT

### **Ivory Raye**

ND

### **Norma Jean Mower**

PA

### **Mike DiPoala**

Lead Nurse

### **Angel Daugherty**

Registered Nurse

### **Rose Carrion**

Medical Assistant

### **Chasity Olmstead**

### **Virginia Rivera**

### **Kori Martinez**

### **Laura Marquez**

Receptionists

members regardless of finances, insurance coverage, or ability to pay. Salud will offer patients a discounted sliding fee payment program based on family size and income.

Jay Cimino, Chairman of the Board of Mt Carmel, is responsible for reaching out to John in an effort to bring the very best health care to Trinidad. Cimino stated that, "A new benchmark for health care will be set for this community with this new partnership. We welcome John and his team as an important element in the fabric of this community."

## **Customer Appreciation Turkey Giveaway**



We are so thankful for our patrons and patients! As a token of our appreciation, we will be giving away 100 turkeys for the Thanksgiving holiday.

**STOP BY AND REGISTER TO WIN!**

Contact Marggie at 719-845-4894 with questions.

## **Flu Season is Here!**

Influenza is a respiratory infection that can cause serious complications, particularly to young children, older adults and people with certain medical conditions. Flu shots are the most effective way to prevent influenza and its complications.



The Centers for Disease Control and Prevention (CDC) recommends that everyone 6 months of age or older be vaccinated annually against influenza. Vaccination is especially important for people at high risk of influenza complications, including:

- Pregnant women
- Older adults
- Young children

Children between 6 months and 8 years may need two doses of the flu vaccine, given at least four weeks apart, to be fully protected. Check with your Mt. Carmel doctor before receiving a flu vaccine if:

- **You're allergic to eggs.** Most types of flu vaccines contain a small amount of egg protein. If you have an egg allergy, you can receive the flu shot without any additional precautions. If you have a severe egg allergy, you should be vaccinated in a medical setting and be supervised by a doctor who is able to recognize and manage severe allergic conditions.
- **You had a severe reaction to a previous flu vaccine.** The flu vaccine isn't recommended for anyone who had a severe reaction to a previous flu vaccine, but check with your doctor first. Some reactions might not be related to the vaccine.

Call (719) 845-4880 today to make your appointment.

## Colorado Springs Team

**Gary Brunette**  
Controller

**Angie Pickett**  
Operations Manager

**Angela Ann Cesario**  
Special Projects Coordinator

**Amanda Hamilton**  
Executive Assistant

**Volunteers**  
Thank you to  
our more than  
50 volunteers!

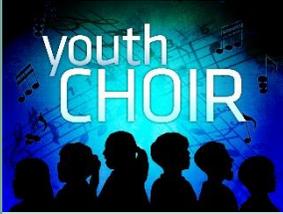


Enjoy a Glass of  
Mt. Carmel Wine



Purchase your wine  
to take home from  
**The Tire Shop**

## Mt. Carmel Youth Choir



Mt. Carmel Youth Choir has begun with more than 40 kids enrolled! Students and instructors are excited to meet every Tuesday for choir and musical instruction. We would like to extend our sincere appreciation to Trinidad School District 1 for providing transportation for student participants.

Please join us for the presentation of "Jubilation" on December 13 & 14 at 7pm each night with a reception immediately following.

## Book Your Holiday Party or Other Event Now



Mt. Carmel is a gorgeous setting for a special event. We host weddings, bridal and baby showers, reunions, memorial services, community-based business meetings, holiday parties and many other types of events. We even provide delicious in-house catering from our own Emily's Kitchen & Garden Café!



It's time to make reservations for your holiday parties. We can cater at your place or ours. Call now as dates are filling up fast! Contact Marggie at 719-845-4894.



## Dining Inspired by Love and Goodness!



Join us every Friday evening from 5:00 – 8:00 pm  
for delicious house-made pizza and  
LIVE entertainment! Beer and wine also available.

In addition to pizza Friday evenings, regular Café hours are Monday – Friday, 8 am – 2 pm. Check out our Facebook page <https://www.facebook.com/MtCarmelCenter/> for weekly café menus!

## Our Customers Say It Best!

- "The outside garden café was lovely. We had perfect omelets and hash browns for breakfast. The staff was perfectly awesome!! Thank you for a wonderful experience!!" ~ Ruth R. from Abilene
- "Lovely spot for lunch in Trinidad! I had a very nice chicken salad – service very attentive!" ~ Kristina E. from Arvada
- "We WILL be back. Thank you for being pet-friendly! Our dog loved the garden and our kids loved the pizza!" ~ The Kasic Family

## Exciting Events Coming to Mt. Carmel



November 6 – 6pm–8pm

### **Canvas & Conversation**

We are now rotating instructors quarterly. This allows participants the opportunity to meet different artists from the community and experience different modalities. This month's instructor is Doug Holdread from Marketplace Gallery. \$25, all-inclusive.

Call Marggie at 719-845-4894 to reserve your spot.



November 7, 8 & 9 – 3:30pm–5:30pm

### **Advanced Diabetes 3-Day Intensive**

Diabetes is a self-managed disease. Do you have the tools to manage? To be held at the Las Animas-Huerfano Health Department with Yvonne Romero, RN, CDE and Ivory Raye, ND.

Covered by most insurance plans or the Elvira Martin Diabetes Scholarship.

Call Marggie at 719-845-4894 to register.

**CHRISTMAS  
BAZAAR**



November 25 – 10am–3pm

### **5th Annual Christmas Bazaar**

Come shop the local vendor community. Bring your children to build their own gingerbread house while you shop! Cost is \$15. Vendors interested in selling wares should contact Marggie at 719-845-4894.

December 6 – 9am–3pm

### **Customer Appreciation Day Open House**

Mt. Carmel would like to invite the community to an Open House as a token of our appreciation for your support and patronage. Hors d'oeuvres and hot drinks will be provided. **Bring the kids to visit with SANTA!**



December 13 and 14 – 7pm

### **Mt. Carmel Youth Choir Presents "Jubilation"**

Over 40 kids will be excited to show off their voices in celebration of Christmas. There will be a reception immediately following each show.

