



Mt. Carmel Wellness and Community Center is offering a Youth Leadership for the 21st Century Program Future Leaders - Friday series

Syllabus – 2019

For more information contact Ashley DiPaola: (719)845-4877

Session 1: Local City Government and County Government Day, March 15, 2019: Understand the function and mission of the Trinidad and Las Animas County governments and relationships between the two entities. Presenters Trinidad's Mayor Mr. Phil Rico – Las Animas County Commissioner Mr. Tony Hass.

Session 2: Trinidad, Past, Present, Future & Finance Day March 22, 2019: Understand where the city of Trinidad has been and where it is going financially- The class will be given an overview of the economy via a bank president, what are some of the investment opportunities and how to navigate the world of finances. What student's need to know to build a strong credit report, how to build individualized individual budgets –

Session 3: Teambuilding Day March 29, 2019: Build cohesiveness among the group and develop problem-solving skills, this program will be presented by a local speaker and motivator TSJC's Coach Mr. Steve Swazo

Session 4: Job prospectors, successful resume writing and tips on great interview process, Project Day April 5, 2019: Understand the relationship between education and a healthy workforce, and discuss the issues involved in preparing one self to attain maximum results from educational opportunities, work experience or lack thereof and gainful employment – presenter will be representatives from the Colorado workforce center labor and employment specialists: Robert Beck and Sherry Files

Session 5: Third Judicial District Presentation April 12, 2019: Identify and understand some of the major judicial challenges within our community, assess opportunities to better understand how the third judicial promotes and improve quality-of-life, topics to include; how to navigate the local court system, recidivism for Las Animas County, services provided to all community members – Program presented by 3rd Judicial Personnel Mr. Martin Malouff.

Session 6: Health & Human Services Day April 19, 2019: Increase awareness of healthcare needs and trends and how they impact the community at large. Understand how eating well along with exercise and natural medical steps can create a healthier life style, balancing life and work: Understand the Naturopathic Intake of natural healing medicinal herbs, Evaluation of traditional vs. Natural medicine, learn about the Optimal Health Plan Homeopathic Intake and the Constitutional Remedy Management of Acute & Chronic Illness – via body wellness.

Presenters Dr. Ivory Raye, AmeriCorps members Anu Maganti and Cade Friedland

Session 7: Arts Day April 26, 2019: Cyber security discover and learn about the dangers of web surfing and open social media related leading up to identity theft and invasion of personal information- cyber hacking. Cyber-security is the practice of defending computers, servers, mobile devices, electronic systems, networks, and data from malicious attacks. It's also known as information technology security or electronic information security. The term applies in a variety of contexts, from business to mobile computing, and can be divided into a few common categories. Connected devices are creating great experiences for consumers, but they also represent brand new targets for hackers. The Internet of Things (IoT) and cybercriminal activity share two important traits: they are largely invisible to the naked eye, and they surround us at any given moment, this session will be presented by a college professor Mr. David Barrack.

Session 8: Field Trip – Visit the State Capitol May 3rd 2019 – Students will depart for Denver at 7:00 am promptly and should be back in Trinidad by 8:00 pm.

Classes will be held Fridays from 1:00 pm to 3:00 pm at Mt. Carmel Wellness and Community Center 911 Robinson Avenue, Trinidad CO. 81082 in Zaccardi Hall!

*To sign up for the program and/or inquiries please contact
Ashley DiPaola: (719)845-4877*